



# Englewood United Methodist Church Stephen Ministry

Christ Centered, Confidential one-on-one care

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The name *Stephen* comes from St. Stephen, who was the first layperson commissioned by the Apostles to provide caring ministry to those in need (Acts: 6).

Stephen Ministry provides a structured and trained resource for lay caring ministry in the congregation of EUMC and Beyond. Stephen Ministers (lay caregivers) provide one-to-one Christian care to the bereaved, hospitalized, terminally ill, separated, divorced, unemployed, relocated, and others facing a crisis or life challenge. Stephen Ministry helps our pastoral staff provide quality caring ministry for as long as people need it.



The Stephen Ministry logo consists of a cross and a circle, together with a broken person and a whole person. The broken person stands behind the cross and represents our lives as a result of sin. The whole person is in front of the cross because through Jesus we are made whole. The Circle symbolizes both the wholeness we receive through Christ and God's unending love for us

- Stephen Ministers are not counselors. They are trained Christian caregivers. Their role is to listen and to care—not to counsel or advise. Please do not refer to Stephen Ministers are counselors.
- Stephen Ministry is a supervised ministry. Stephen Ministers engage in twice-monthly supervision to ensure that they are providing the best quality Christian care for their care receivers.
- Stephen Ministry is a confidential ministry. What a care receiver tells a Stephen Minister remains confidential. Even in supervision, the names of care receivers and specific details are never discussed.
- Stephen Ministers do not make “cold” calls. They are assigned only to people who agree to receive the care of a Stephen Minister.



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## History of Stephen Ministry

Stephen Ministry began in 1975 when the Rev. Kenneth C. Haugk, PH.D., a pastor and clinical psychologist, trained nine laypersons at his congregation in St. Louis to be *Stephen Ministers*. They assisted him in providing distinctively Christian care to members of the congregation and community. These trained caregivers were so enthused about their ministry, they encouraged Dr. Haugk to offer Stephen Ministry to more congregations.

Over the years, Dr. Haugk developed and held the first Stephen Series Leader's Training Course and trained Stephen Leaders, who could return to their various homes and train and supervise Stephen Ministers in their congregations.

Currently more than 10,000 congregations are enrolled in the Stephen Series. They represent more than 150 different Christian denominations and come from all 50 states, 10 Canadian provinces and 21 other countries.

More than 50,000 individuals (pastors, church staff and laypersons) have been trained as Stephen Leaders. In turn, they have trained more than 450,000 laypersons to be Stephen Ministers. It is estimated that since 1975 Stephen Ministers have provided distinctively Christian care to more than a million people through formalized one-to-one caring relationships and use their caregiving skills to touch the lives of millions in informal ways.

At EUMC Stephen ministry was introduced by Pastor Janice Rinehart-Henry and she was its spiritual director for her years of service to this congregation. Mrs. Barb Ierardi assisted Pastor Jan in starting up and sustaining the ministry within the EUMC Congregation and in multiple churches in the area.





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## How it works

The Stephen Ministry program is lead by commissioned Stephen Leaders who have completed the Stephen Leaders Training Course.

Stephen Leaders recruit and select individuals from the congregation to serve as Stephen Ministers. Over the course of several months they complete 50 hours of training in Christian caregiving. Some of the training topics include listening, feelings, assertiveness, confidentiality and ministering to people in specific situations such as divorce, terminal illness, grief and childbirth. Stephen Ministers are also trained to recognize when a care receiver's needs go beyond the care a Stephen Minister can provide and where and how to refer the care receiver for additional care.

After completing training, Stephen Ministers are commissioned. Stephen Ministers are then linked with a care receiver ( a member of the congregation or community who is in need of quality Christian care. A Stephen Minister normally is assigned to only one care receiver at a time and meets with the care receiver for an average of about one hour each week.

In addition, Stephen Ministers meet twice monthly for peer supervision and continuing education. Stephen Ministers initially commit to two years of service, but after those years many recommit to serve longer.





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## Please Contact Us



**If Stephen Ministry is a resource you may need, or know someone who may need, please let us know. Care is available not only to members of our congregation, but to our community as well.**

**If this caring ministry appeals to you as a potential caregiver (Stephen Minister), please feel free to contact us as well.**

**Remember, all inquiries are held confidential.**

**Pastoral Contact:**

Pastor Peggy Wilkins  
941.475.4488  
pastor2@aol.com

**Stephen Leader:**

Carol Mankey  
941.697.3918  
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**Stephen Leader:**

George Hathaway  
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**Stephen Leader:**

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## Stephen Minister Current Schedule



### Peer Supervision Schedule:

**2nd and 4th Monday (except Holidays)**

**7:00 PM— Check board for Room number.**

**NO Ongoing Education training 2009-2010 season**

### Stephen Minister Training Schedule

Date	Module Name	Assignment
11/02/09	The Person of the Caregiver	
11/9/09	Feelings: Yours, Mine & Ours	SMTM: "Feelings" <i>Christian Caregiving – a Way of Life</i> : Preface through Chap 7
11/16/09	The Art Listening	SMTM: "Listening" <i>Christian Caregiving – a Way of Life</i> : Chap 8 - 13
11/23/09	Distinctively Christian Caregiving – Part 1	Chap 14 - 20 <i>Christian Caregiving – a Way of Life</i> (Bring to class)
11/30/09	Distinctively Christian Caregiving – Part 2	SMTM: "Distinctively" <i>Speaking the Truth in Love</i> : Intro to Chap 3 <i>Christian Caregiving – a Way of Life</i> (bring to class)
12/07/09	Process vs Results in Caregiving	SMTM: "Process" <i>Speaking the Truth in Love</i> : Chap 4 - 7 <i>Christian Caregiving – a Way of Life</i> : Review chapters 2 & 18
12/14/09	Assertiveness: Relating Gently & Firmly, Part 1	<i>Speaking the Truth in Love</i> : Chap 8 – 12
01/04/10	Assertiveness: Relating Gently & Firmly, Part 2	<i>Speaking the Truth in Love</i> : Chap 13 – 18
01/11/10	Maintaining Boundaries in Caregiving Crisis Theory and Practice: Danger vs Opportunity	SMTM: "Boundaries" SMTM: "Danger vs Opportunity"
01/25/10	Confidentiality	SMTM: "Confidentiality" <i>When and How to Use Mental Health Resources</i> : Intro – Chap 3
02/01/10	Telecare: Next Best Thing to Being There	SMTM: "Telecare" <i>When and How to Use Mental Health Resources</i> : Chap 4 – 6
02/08/10	Using Mental Health Professionals and Other Community Resources	SMTM: "Mental Health" <i>When and How to Use Mental Health Resources</i> : Chap 7
02/22/10	Bringing the Caring Relationship to a Close	SMTM: "Caring"
02/27/10 SATURDAY ALL DAY RETREAT	Grief , Depression Suicide	SMTM: "Grief" SMTM: "Depression" SMTM: "Suicidal Persons"
03/08/10	Supervision: Key to Quality Christian Care – I	SMTM: "Supervision" part 1
03/15/10	Supervision: Key to Quality Christian Care – II	SMTM: "Supervision" part 2 <i>The Structure of Small Group Peer Supervision</i> – Review
03/22/09	How to Make a First Caring Visit	SMTM: "First visit"
03/29/10	Follow Me	SMTM: "Follow Me"
04/11/10 SUNDAY	COMMISSIONING	Commissioning is part of the 11:00 AM Service, a small reception (with family and all Stephen Ministers will follow)

Reading assignments should be completed BEFORE a particular session. The abbreviation SMTM = *Stephen Ministry Training Manual*. Note that as you read books, the reading assignment schedule spreads out the reading of the book over several weeks prior to covering the book's subject matter

Contact any of the Stephen leaders in case of emergencies, absence, or reading assignment confusion.

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